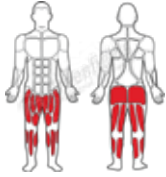




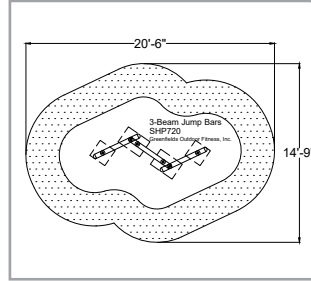
# 3-BEAM JUMP BARS

SHP720



Target muscles  
Secondary muscles

- Develops posture control
- Improves cardiovascular endurance



VIEW THE VIDEO

[greenfieldsfitness.com/3-beam-jump-bar-video.html](https://greenfieldsfitness.com/3-beam-jump-bar-video.html)

