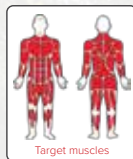


COMPACT FUNCTIONAL FITNESS RIG

SHP517



Featuring a vast array of advanced exercises:

Split Squats
Sit-Ups
Pull-Ups
S-Shape Pull-Ups
Lat Pull-Ups
Ball Target

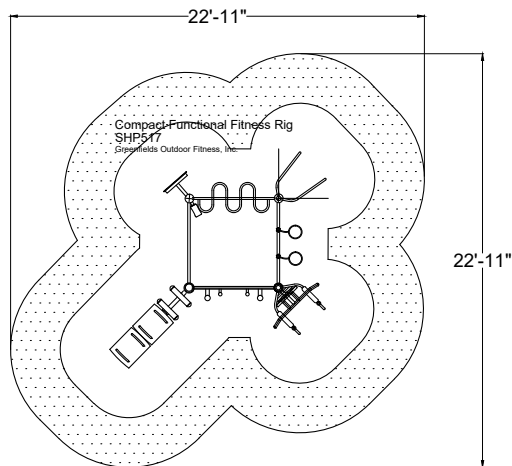
Leg Raises
Knee Lifts
Dips
Assisted Squats
Ring Rows
Battle Ropes
Cannonball Pull-Ups



Greenfields' units are designed to accommodate the majority of users age 14 and above; however, due to the nature of outdoor fitness equipment, units are "one size fits most".

In order to honor our commitment to quality and safety, Greenfields Outdoor Fitness reserves the right to make changes and revise the design specifications without notice.

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- | | | |
|---------------------|---------------------|-------------------------|
| 1. Split Squats | 6. Ball Target* | 11. Ring Rows |
| 2. Sit-Ups | 7. Leg Raises | 12. Battle Ropes* |
| 3. Pull-Ups | 8. Knee Lifts | 13. Cannonball Pull-Ups |
| 4. S-Shape Pull-Ups | 9. Dips | |
| 5. Lat Pull-Ups | 10. Assisted Squats | |

*Separately-sold accessory required for use

This rig can be used by 8 people simultaneously.

Due to the height of some of the components in this unit, Greenfields recommends Fall Attenuating Surface Material to be used.

Due to the height of some of the components in this unit, Greenfields recommends Fall Attenuating Surface Material to be used.

COMPACT FUNCTIONAL FITNESS RIG



Split Squats



Sit-Ups



Pull Ups/Chin Ups



S-Shape Pull-Up Bar



Lat Pull-Up Bar



Ball Target*



Leg Raises



Leg & Knee Lifts



Dip Bar



Assisted Squats



Ring Rows



Battle Ropes*



Cannonball Pull-Ups



CLICK OR SCAN TO
SEE THE VIDEO

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