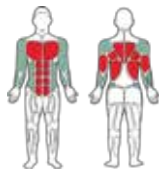




4-PERSON COMBO BARS

SHP510

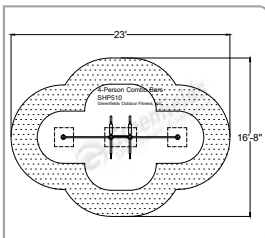


Target muscles
Secondary muscles

Strengthens shoulders & biceps

Exercises:

- Pull-ups
- Leg raises
- Dips
- Stretching
- Great social activity



greenfieldsfitness.com/combo-bars-video.html



VIEW THE VIDEO

