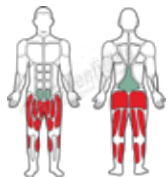




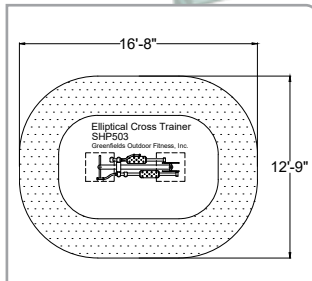
# ELLIPTICAL CROSS TRAINER

## SHP503



Target muscles  
Secondary muscles

- Strengthens leg muscles
- Improves cardiovascular endurance



VIEW THE VIDEO

[greenfieldsfitness.com/elliptical-cross-trainer-video.html](https://greenfieldsfitness.com/elliptical-cross-trainer-video.html)

