



ROWING MACHINE

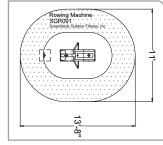
SGR091





Secondary muscles

- Strengthens back muscles, shoulders, arm muscles and abdominals Improves
- cardiovascular endurance









VIEW THE VIDEO greenfieldsfitness.com/ rowing-machine-video.html



Greenfields' units are designed to accommodate the majority of users age 14 and above; however, due to the nature of outdoor fitness equipment, units are "one size fits most". In order to honor our commitment to quality and safety, Greenfields Outdoor Fitness reserves the right to make changes and revise the design specifications without notice.