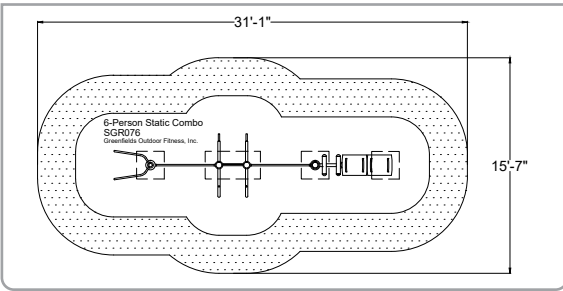


Target muscles
Secondary muscles

- Strengthens chest, shoulders, back muscles, upper, mid and lower abs, forearms, biceps, triceps, obliques
- Can be used by 6 people simultaneously

Exercise stations:

- Dips
- Assisted Squats
- Assisted Pull Ups
- Chin/Pull Ups
- Incline Leg Raises
- Incline Sit Ups
- Leg/Knee Raises
- Parallel Pull Ups



SGR076

6-Person Static Combo Unit:

This unit offers the following exercises:

1. Dips
2. Assisted Squats
3. Chin/Pull Ups
4. Parallel Pull Ups
5. Leg/Knee Raises
6. Assisted Pull-Ups
7. Incline Leg Raises
8. Incline Sit Ups

