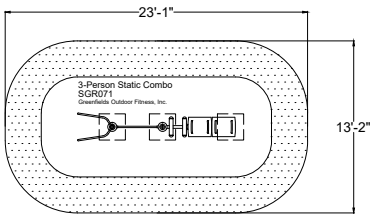


Strengthens upper back,
shoulders, biceps and core



3-Person Static Combo SGR071

Included exercises:

1. Dips
2. Assisted Squats
3. Chin Ups/Pull-Ups
4. Stretching
5. Incline Leg Raises
6. Incline Sit-Ups



VIEW THE
VIDEO



greenfieldsfitness.com/3-person-static-combo-video.html

