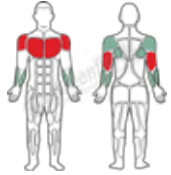


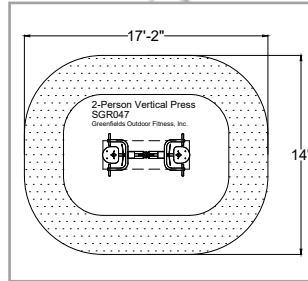
TWO-PERSON VERTICAL PRESS

SGR047



Target muscles
Secondary muscles

- Strengthens shoulder and arms muscles



VIEW THE VIDEO

greenfieldsfitness.com/two-person-vertical-press-video.html

