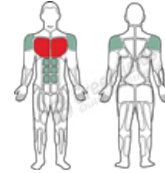
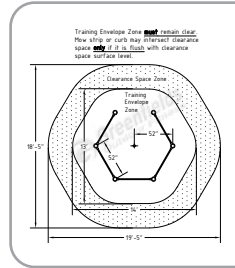




## 5-PERSON MULTI-LEVEL BARS

SGR033



Target muscles  
Secondary muscles

- Can be used for pull-ups and push-ups
- Strengthens chest, shoulders, upper and mid abs, forearms, and triceps
- Can be used by five people simultaneously

VIEW THE VIDEO



[greenfieldsfitness.com/multi-level-bars-video.html](https://greenfieldsfitness.com/multi-level-bars-video.html)

