



ARM CURL (ADJUSTABLE RESISTANCE)

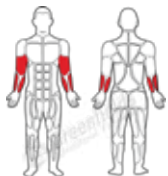


unidirectional resistance

UBX255

Equipped with

SafeStop

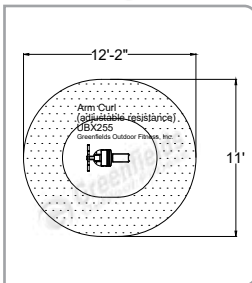


Strengthens:

- Arms (biceps, forearms)

Target muscles

Secondary muscles



VIEW THE VIDEO

<http://gfoutdoorfitness.com/adjustable-arm-curl-video/>



The Greenfields Advantage - this unit incorporates Safe-Stop technology for a workout that's smooth and hazard-free

