



## ACCESSIBLE SHOULDER PRESS (ADJUSTABLE RESISTANCE)

U.S. Patent  
11,130,039

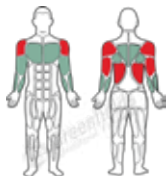
bidirectional resistance

UBX248W



Equipped with

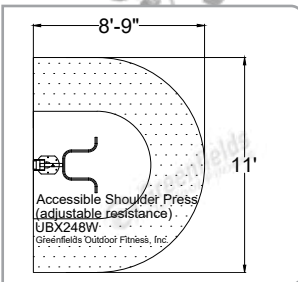
**SafeStop**



Target muscles  
Secondary muscles

### Strengthens:

- Chest
- Back
- Shoulders
- Arms (triceps)



**The Greenfields Advantage - this unit incorporates Safe-Stop technology for a workout that's smooth and hazard-free**



VIEW THE  
VIDEO

[http://gfoutdoorfitness.com/  
accessible-shoulder-press-  
adjustable-resistance-video/](http://gfoutdoorfitness.com/accessible-shoulder-press-adjustable-resistance-video/)

