

SHOULDER PRESS (ADJUSTABLE RESISTANCE)

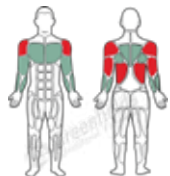


bidirectional resistance

UBX248

Equipped with

SafeStop

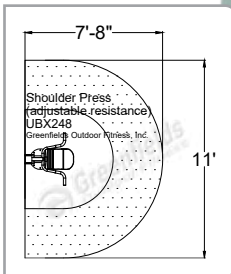


Strengthens:

- Chest
- Back
- Shoulders
- Arms (triceps)

Target muscles

Secondary muscles



This unit accommodates wheelchair users who are able to transfer



VIEW THE VIDEO

<http://goutdoorfitness.com/adjustable-shoulder-press-video/>

