



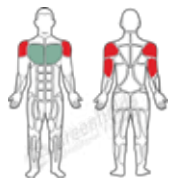
# VERTICAL PRESS (ADJUSTABLE RESISTANCE)



bidirectional resistance

UBX247

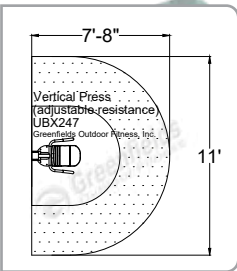
Equipped with **SafeStop**



**Strengthens:**

- Chest
- Front shoulders
- Arms (triceps)

Target muscles  
Secondary muscles



This unit accomodates wheelchair users who are able to transfer



**VIEW THE VIDEO**

<http://g/outdoorfitness.com/adjustable-vertical-press-video/>

