

CHEST PRESS (ADJUSTABLE RESISTANCE)



bidirectional resistance

UBX246

Equipped with

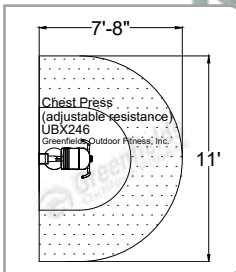
SafeStop



Target muscles
Secondary muscles

Strengthens:

- Chest
- Back
- Arms (triceps, forearms)
- Shoulders
- Abs



VIEW THE VIDEO

<http://gfoodoorfitness.com/adjustable-chest-press-video/>



The Greenfields Advantage - this unit incorporates Safe-Stop technology for a workout that's smooth and hazard-free

