

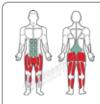


## LEG PRESS (ADJUSTABLE RESISTANCE)

bidirectional resistance

**UBX215** 

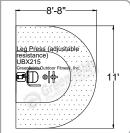




Target muscles Secondary muscles

## Strengthens:

- Abs
- Glutes
- Legs





The Greenfields Advantage - this unit incorporates Safe-Stop technology for a workout that's smooth and hazard-free



## **VIEW THE VIDEO**

http://gfoutdoorfitness.com/ adjustable-leg-press-video/



