

LARGE TRAIL PACKAGE

a central workout zone with additional pods along the trail

18 UNITS **41 USERS**



AREA 1

AREA 1 UNITS

- GR2005-1-09 (x2)
- GR2005-1-19
- GR2005-1-22
- GR2005-1-45
- GR2005-1-47
- GR2005-1-48
- GR2005-1-48A
- GR2005-1-104

- Single Ski
- 2-Person Sit-Up Bench
- 4-Person Pendulum, Abs & Dips Station
- 2-Level Horizontal Bars
- 2-Person Vertical Press
- 2-Person Lat Pull-Down
- 2-Person Chest Press
- 4-Person Leg Press



Strength training



Flexibility



Cardio



AREA 2

AREA 2 UNITS

- GR2005-1-09
 - GR2005-1-48A
 - GR2005-1-104
- Single Ski
 - 2-Person Chest Press
 - 4-Person Leg Press



AREA 3

AREA 3 UNITS

- GR2005-1-19
 - GR2005-1-45
 - GR2005-1-47
- 2-Person Sit-Up Bench
 - 2-Level Horizontal Bars
 - 2-Person Vertical Press



AREA 4

AREA 4 UNITS

- GR2005-1-19
 - GR2005-1-48A
 - GR2005-1-104
- 2-Person Sit-Up Bench
 - 4-Person Pendulum
Abs & Dips Station
 - 4-Person Leg Press



Greenfields offers custom signage for your fitness zone! Review safety guidelines, acknowledge project donors, or share a fitness plan

Complete your package with additional amenities



Benches



Trash receptacles



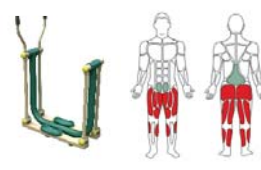
Bike racks



DogiPot

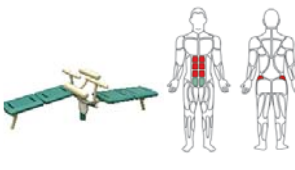
Take your trail to the next level! Greenfields helps trail users enhance their workouts by adding strength training to their routines. For best results, Greenfields recommends clustering equipment near trailheads or parking lots.

SINGLE SKI




GR2005-1-09

2-PERSON SIT-UP BENCH




GR2005-1-19

4-PERSON PENDULUM, ABS & DIPS STATION



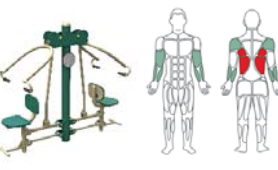
GR2005-1-22

2-LEVEL HORIZONTAL BARS




GR2005-1-45

2-PERSON VERTICAL PRESS




GR2005-1-47

2-PERSON LAT PULL-DOWN



GR2005-1-48

2-PERSON CHEST PRESS



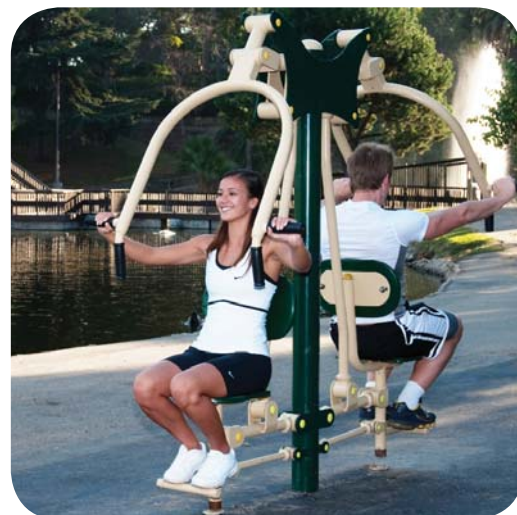
GR2005-1-48A

4-PERSON LEG PRESS



GR2005-104





PROPOSED EQUIPMENT LIST

AREA 1 UNITS

GR2005-1-09 (x2)	Single Ski
GR2005-1-19	2-Person Sit-Up Bench
GR2005-1-22	4-Person Pendulum, Abs & Dips Station
GR2005-1-45	2-Level Horizontal Bars
GR2005-1-47	2-Person Vertical Press
GR2005-1-48	2-Person Lat Pull-Down
GR2005-1-48A	2-Person Chest Press
GR2005-1-104	4-Person Leg Press

AREA 2 UNITS

GR2005-1-09	Single Ski
GR2005-1-48A	2-Person Chest Press
GR2005-1-104	4-Person Leg Press

AREA 3 UNITS

GR2005-1-19	2-Person Sit-Up Bench
GR2005-1-45	2-Level Horizontal Bars
GR2005-1-47	2-Person Vertical Press

AREA 4 UNITS

GR2005-1-19	2-Person Sit-Up Bench
GR2005-1-48A	4-Person Pendulum Abs & Dips Station
GR2005-1-104	4-Person Leg Press

These 18 units may serve up to 41 people at a time.

Please be advised that the use of DG (Decomposed Granite) increases the normal wear & tear of all footrests and other platforms used by the users.